Can't They All Just Get Along? **Helping Your Child Navigate Conflict**

Teleclass series for parents who want to empower their children on the social playing field

Do you get knots in your stomach from trying to untie the arguments and tricky social dynamics your child gets into at school? When you see tears in your child's eyes at the end of the school day, do you feel helpless yourself? Are you overwhelmed by the social drama your child brings home? Over the course of this 5-week teleseries, you will learn high potential concepts and strategies that will transform your approach to helping your kids resolve their problems, and you'll discover the 6 essential steps to helping your child navigate conflict!



Here is just a taste of what you will learn through the series:

- How to calm yourself when your child is hurting so that you can respond in a way that will best support your child
- How to ask empowering questions and communicate in a way that will actually help your child open up and share what matters most
- How to shift from a "fixer mode" to a "facilitator mode"—an incredibly powerful shift that will completely change the way you experience and respond to your child's social challenges
- How to use intentional, positive language that will directly impact your child's outlook
- How to handle your child's social challenges in a way that promotes his or her overall development and growth
- How to help your child develop an action plan
- ...and much more!

What's included:

- Five weekly 60-minute group phone sessions with lots of opportunities for active participation and live coaching (Monday evenings from 8:30-9:30 PM EST, November 12-December 10—with a bonus preview call on November 5th)
- Workbook
- Unlimited email support between sessions
- A one-on-one private coaching consultation
- Access to a recording of each call—in case vou have to miss a

Register today! The cost of the class is \$199 (an

> incredible value for the progress you'll make!).

> > Register by November 1st for a special "early bird" rate of \$169—a 15% savings!

Monday, November 5 8:30-9:30 PN For more information on the teleclass, or to register for the class or the free preview call, contact Carrie Spaulding: 602.684.2458

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class



Carrie Spaulding is a certified relationship, career, and leadership coach. An elementary school teacher for nine years, Carrie has helped hundreds of children and their parents navigate the social playing field. For more about Carrie, or to learn more about private coaching, visit www.carriespaulding.com.