

Workshop/Class with Carrie Spaulding Terms of Service

Welcome! I am so glad you'll be joining me for a workshop, and I can't wait for us to take this unique journey together. To support a welcoming, safe, & productive environment for all of us, all registrants agree to these terms and conditions. By registering, you indicate your agreement. Please carefully read the terms below.

Group Norms:

I understand that this is an experiential program, and I will do my best to attend from a settled-in-place position (i.e. not while running errands, driving, multi-tasking, etc.).

I understand that in order to support connection, engage full presence, and equalize vulnerability, this is a camera-on experience. I agree to turn my camera on for the duration of the session(s).

I understand that this program is intended to provide a welcoming environment for all, inclusive of different experiences and identities. Recognizing that we all have awareness gaps, I will take care to speak with kindness and respect, and to be as inclusive as possible. I agree to bring a generous spirit as people in the group may be stepping outside their comfort zones!

I understand that in the event I am uncomfortable with something expressed during the program, I am invited and encouraged to share that privately with Carrie. I understand that I am welcome to reach out to Carrie via email with feedback at any time.

I understand that in the very unlikely event that Carrie determines that my presence in the group is compromising the wellbeing or safety of individuals in the group or the group at large, I may be removed from the program at Carrie's sole discretion, and I agree to abide by that decision without retaliation.

"No-ghosting" pledge: I enter this program with the intention to participate for the full program. I understand I am free to leave the program at any time. In the event I decide to leave the program early, I promise to communicate this decision with Carrie directly.

Logistics:

I understand that this program meets on Zoom.

I understand that this is a live, real-time experience and that recordings of the sessions will NOT be provided by Carrie or permitted by participants. I understand that just like an in-person program, if I miss a session, I miss it.

I understand that my enrollment fee does not include any supplies that may be used during the program, and that it is my responsibility to obtain any supplies that are needed, and to have them with me for the program.

In the event I do not attend the program, or miss part or all of the program, I understand that I will not receive a refund.

In the event any bonuses are included with this program enrollment, I understand that some bonuses may require additional sign-up forms or agreements in order to be activated.

I understand that in the unlikely event of an emergency or major connection difficulties, Carrie may have to reschedule a session (every effort will be made not to do so, and as much notice as possible will be given).

I understand that Carrie may occasionally have internet issues which result in less-than-optimal connection. I agree to be patient with this!

Recordings:

I understand that Carrie is recording the program for her own review and development. I understand that Carrie may choose some clips and screenshots to excerpt in promotional and marketing materials, and I consent to be recorded for these purposes.

I understand that recordings will be stored on the Zoom server, on Carrie's hard drive, and/or in Carrie's storage software, and there is always a risk, though not a likelihood, that recordings could be compromised in transmission, and I agree to hold Carrie harmless should such occur. I assume that risk knowingly, and I understand that I'm free to share as much or little personal information as I would like.

Confidentiality and Responsibility

Because of the nature of a group program, I understand that this group program/community is not subject to the same confidentiality guarantees as a private coaching relationship. If I am also a private coaching client, all content of my private coaching sessions will remain confidential. I understand that I may share as much or little as I want to, and I hold Carrie harmless in the event something I share spreads beyond the group in a way I did not intend. I understand that any information I add to group documents, including personal details and contact information, can be viewed by any course member. I understand it is voluntary to contribute to these documents. I agree not to share private information of others in the group without their explicit consent.

I understand that this program is not the same as private coaching, therapy, counseling, mentoring, or consulting. I understand that this group does not involve the diagnosis or treatment of mental disorders as defined by the American Psychiatric Association. I understand that neither this group program, nor coaching, are substitutes for counseling, psychotherapy, psychoanalysis, mental health care or substance abuse treatment and I will not use the group in place of any form of diagnosis, treatment, or therapy.

I understand that I am free to accept or reject any suggestion, request, idea, experiment, homework assignment, reflection, opinion, or feedback offered by Carrie or by any member of the group, and that I am fully responsible for my own decisions and outcomes regardless of what ideas, information, feedback, opinions, or suggestions may be offered. I agree that, in the event of any claim or grievance by me, Carrie Spaulding, Spaulding Coaching and Facilitation LLC, and/or members of the program are not responsible for any direct, indirect, incidental, or consequential damages, and I will hold them harmless.

Respecting the Work:

I understand that I am not permitted to record this program in whole or in part in any form, including in audio, video, or photo/screenshot format, and I agree not to do so.

I agree not to share, redistribute, recreate or publish—in whole or in part—any materials provided to me or generated by people other than me (including but not limited to the program structure, exercises, and design, handouts, links, collaborative resources, & findings from group discussions) without Carrie's explicit permission.

I understand that this program is an integral part of Carrie's business and livelihood, and that she has invested a tremendous amount of time, energy, and effort into developing her offerings and communities. I promise that I am participating in this program for my own personal growth and not as a way to get a "peek" into the program in order to create something similar or use it for other business-building purposes (such as attracting clients). I agree not to copy or replicate the concept or structure of the program (even partially) or use it as inspiration or a model for another offering.

Overall Agreement:

I have read, understand, and agree to comply with all policies on this page. By registering for a workshop, I indicate that I have reviewed, understand, and agree to comply with the policies in this disclosure statement/agreement, and that I consent to all of them.